# **OMB Approval No. 0985-0018** Expiration 08/31/2013

## **U.S. Administration on Aging**

# Accelerating Adoption of Participant Direction Philosophy and Models in the Aging Network

# Program Announcement and Grant Application Instructions

# U.S. Administration on Aging FY 2011

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#### **Department of Health and Human Services (HHS)**

**Administration on Aging (AoA)** 

**AoA Center:** AoA Office of Program Innovation and Demonstrations

**Funding Opportunity Title:** Accelerating Adoption of Participant Direction Philosophy

and Models in the Aging Network

**Announcement Type:** Initial

Funding Opportunity Number: HHS-2011-AoA-CP-1109

Catalog of Federal Domestic Assistance (CFDA) Number: 93.048

**Key Dates:** The deadline date for submission of applications is 11:59 p.m., Eastern Time,

on May 19, 2011.

#### I. FUNDING OPPORTUNITY DESCRIPTION

#### **Statutory Authority**

The statutory authority for grants under this Program Announcement is contained in Title IV of the Older Americans Act (OAA) (42U.S.C. 3032), as amended by the Older Americans Act Amendments of 2006, P.L. 109-365. (Catalog of Federal Domestic Assistance 93.048, Title IV Discretionary Projects).

#### **Intent**

The intent of this 3 year grant opportunity is to bolster the Aging Network's capacity to provide participant directed services as well as increase access to such services for all individuals they serve through the development and implementation of a workforce training system that identifies core competencies for key occupations, includes a workforce assessment tool, curriculum tied to competencies, and ongoing technical assistance.

#### Background

The Older Americans Act (OAA) authorizes the Aging Network, at all levels, to promote the development of comprehensive and coordinated systems of long-term services and supports that enable seniors to remain in their own homes and communities for as long as possible. Consistent with the flexibility provided under the OAA, the Network has carried out this statutory responsibility using strategies and approaches that reflect national, state and local conditions, policies and practices.

Participant direction is an approach to long term service and support delivery that gives individuals, and their families, the opportunity to exercise greater choice and

control over their services and supports. The Cash and Counseling Demonstration and Evaluation, a large, randomized control trial of participant direction, provided evidence of the efficacy of this approach. Results included positive health outcomes, positive quality of services, satisfaction with quality of life, sense of empowerment, and decreased unmet needs. These results have been influential in bringing about changes in federal law, regulation, and policy that encourage and facilitate the inclusion of participant directed services in long term service and support systems.

The concept of participant direction was inserted into the OAA as part of the Amendments of 2006. The amendments authorize the Assistant Secretary for Aging to promote coordinated systems of care that enable older individuals to receive long-term services and supports in home and community-based settings, "in a manner responsive to the needs and preferences of older individuals and their family caregivers." They specifically include providing services "through self-directed models". The description of these models ensures that: participant directed services including the amount, duration, scope, provider, and location are planned, budgeted, and purchased under the direction and control of the individual and based on their self-identified needs and preferences; self-directed models provide the option for individuals to direct and control the receipt of care alone or with assistance of a representative; and, self-directed models enable individuals to develop and carry out their plan of care.

Section 2402(a) of the Affordable Care Act (ACA) of 2010 calls on the Secretary of the U.S. Department of Health and Human Services (DHHS) to develop a common framework establishing principles and process elements supporting participant direction across the department and all of its programs. The ACA provides funding for Aging and Disability Resource Centers (ADRCs), including providing options counseling in a person-centered manner. ADRCs play a key role in the long term service and support system including providing options counseling to assist individuals in developing and implementing person centered plans and services.

There is also increasing public awareness and demand for participant direction. A 2006 AARP survey of members over the age of 50 revealed that 75% preferred managing basic daily activities of living like bathing, dressing or getting out of bed for themselves over receiving care from agencies. A 2008 Commonwealth Fund Opinion Leader's Survey (Miller, Mor, & Clark, 2009) found that 61% of the 1,147 leaders responding favored expansion of consumer direction efforts like Cash and Counseling as a potential strategy for reform of publicly funded services.

AoA recognizes the importance of supporting and advancing the Network's long term service and support system and insuring that all programs are able to offer participant direction options to the individuals they serve. AoA, with State Units on Aging (SUAs), Area Agencies on Aging (AAAs), Tribal Organizations, and local providers, has been working towards this goal. This funding opportunity is a next step to achieving that goal.

#### **Problem Statement**

OAA services have always incorporated the principle of empowering older adults to continue to live in their homes and be engaged in their communities, but largely these systems have been built on traditional models of service delivery. AoA, in partnership with the Aging Network, has been working to increase the provision of participant direction in the Aging Network's long-term service and support system. Efforts include: the Community Living Program (formerly called Nursing Home Diversion Modernization Grants); Aging and Disability Resource Centers (ADRC) program; and, Veteran-Directed Home and Community-Based Services (VD-HCBS) program. The Community Living Program provided funds to SUAs to work with AAAs to develop infrastructure for and implement participant-directed services using the Cash & Counseling (C&C) design with the expectation that states would transform the way existing OAA funds are used to deliver long term services and supports to develop a more participant-directed long term service and support system. The Aging and Disability Resource Center Program (ADRC) which provides multiple services and supports using a single point of entry has as an overarching goal empowering individuals to make informed decisions about services, supports and planning for long-term care. The VD-HCBS program, a partnership between AoA with the Veterans Health Administration (VHA), created opportunities for both SUAs and AAAs to contract with local Veteran's Administration Medical Centers to provide Veterans with consumer directed home and community based services using the cash and counseling model.

These efforts have been successful in increasing the number of participant direction programs in the Network. Twenty-eight (28) states with almost 100 AAAs have implemented C&C model programs as part of their CLP grants. As of February 1, 2011, VD-HCBS programs have been implemented in 28 states with 46 AAAs. But there are still many Aging Network providers who have not developed, or are in earlier stages of developing, participant directed service programs. According to focus groups conducted in 2010, this is the result of numerous factors that include lack of knowledge and understanding about participant direction, lack of committed leadership to facilitate development or expansion of consumer direction, and the preference of case managers for the status quo (resistive to change).

A major reason for the lack of knowledge and uneven uptake of consumer direction in the Network is the lack of consistent training on consumer direction for Aging Network providers. A survey completed in Jan 2010 for the National Association of Area Agencies on Aging (n4a), looked at the activities undertaken by AAAs to build their workforces. Information from this survey reveals that training in general is uneven and that there is little if any training on participant direction. Just over 80% of respondents indicated that all staff receive training, but 19.4% indicated that only some positions in the workforce receive training. The most common training topics for staff included aging (health issues, policies), human resources (communication, customer service, harassment), and emergency preparedness planning. The lack of available training on participant direction was reinforced by an environmental scan of training across disciplines, completed for AoA in 2011. It included social work, intake and referral, and options counseling and showed that most training provided for these staff did not include participant direction.

With the growth of participant directed long-term services and supports, there is a corresponding need to re-train the existing Aging Network workforce and train the workforce of tomorrow to develop the competencies needed by a participant directed service delivery model. This will require both extensive training and support across all levels of the Aging Network. A shift in awareness and the desire to change are not, in themselves, sufficient to create sustainable culture change in long established behaviors and cultural norms. This awareness must be accompanied by the learning of new skills, the opportunity to practice these skills, and alignment of agency policies for maximum sustainability. Creation of awareness of what behaviors need to change (both organizationally and personally), the provision of skill-building training, and the facilitation of adoption of behavioral changes that support consumer direction on an ongoing basis are needed.

#### **Purpose, Objectives and Use of Funds**

The intent of this 3 year grant opportunity is to bolster the Aging Network's capacity to provide access to participant directed services for all individuals they serve through the development and implementation of a workforce training system that identifies core competencies for key occupations, includes a workforce assessment tool, curriculum tied to competencies and technical assistance. This build's on AoA's current efforts to accelerate the knowledge about and implementation of participant direction, and the continued development of VD-HCBS. Because of the Network's integral role in the broader long term service and support system, it is important that this project be developed in conjunction with key stakeholders in the aging and disability communities.

AoA anticipates that the successful applicant for this funding opportunity will have demonstrated extensive experience as an expert on participant direction and the competencies needed for training, technical assistance and planning for the implementation of participant directed programs, and be able to fulfill all the tasks outlined in the announcement.

The primary tasks to fulfill this are as follows:

 Working with AoA, the Aging Network, the disability network and federal stakeholders, develop core competencies for job occupations in the aging network that include the core competencies necessary to provide participant direction and/or develop an environment that enables participant direction to be the primary method to deliver OAA programs.

Competency development should build on the Long-Term Supports and Services Competency Model (LTSS-CM) work at the Department of Labor's Employment and Training Administration. This model can be found at: <a href="http://www.careeronestop.org/competencymodel/pyramid.aspx?LTC=Y">http://www.careeronestop.org/competencymodel/pyramid.aspx?LTC=Y</a>. Competencies should be adaptable to different occupations and different population groups.

# • Design and implement curriculum and training modules on participant direction for all levels of the Aging Network workforce

In order to imbed participant direction in the Aging Network, the entire Network workforce must share a common understanding of and support for participant direction. Furthermore, at each level of the Aging Network's workforce, individuals must have the ability to implement participant directed programs. The goals of this training project are to: identify training and course curriculum that is available to develop core competencies of the Aging Network workforce to be able to develop and administer participant directed programs; develop a course catalog that includes existing curriculum and training modules based on identified core competencies needed by each job category in the Network workforce, that supports the implementation of participant direction within OAA and other long term service and support programs, as well as creates the culture change needed to sustain these training efforts. Through this work the grantee will identify gaps in available curriculum and training and will develop the new curriculum necessary to fill the gaps in meeting the aforementioned goals.

• Assess the need for and effectiveness of training including providing a workforce assessment tool and plan for a workforce assessment system. Assessment and evaluation are critical components of this project. This project should include development and implementation of a tool to enable individuals and/or supervisors to assess their own or staff competencies and identify specific training needs, as well as the effectiveness of training.

The project should also include a plan for long term evaluation such as a workforce assessment system to provide information at a AAA, State, Region and National level to inform the training needs, determine the scope of the training needs, determine levels of investment needed in workforce training, and strategies regarding the most effective way to deliver training. This plan should address how this information will be used to work with the Departments of Education and Labor to inform the ongoing development of the education and workforce development curriculum that is used in schools, apprentice programs and workforce development programs.

• Provide technical assistance on the participant direction component of the VD-HCBS programs and other participant directed programs. VD-HCBS programs represent an important collaboration between AoA and VA, and opportunity for Aging Network providers to modernize and expand their long term service and support systems. VD-HCBS programs have, as a central component, the Cash and Counseling model of participant direction. In order to continue to expand the VD-HCBS programs, Aging Network providers need to understand and implement this model.

To achieve the goals of this funding opportunity, training programs must be developed based on core competencies in participant direction that are needed for specified job categories in the Aging Network. Consequently, development of core competencies are a first step in creating a catalog of relevant course curriculum and training programs for each job category and identifying gaps in available course

curriculum and training. This will build on current work that defines 2 broad categories of the Aging Network workforce: Intake Specialists, Options Counselors. AoA projects that the work would include the following Aging Network Occupations, such as but not limited to, Supervisors, Financial managers, SUA Directors, Project Officers, Program Administrators and AAA Directors. Proposals should include information on the applicant's knowledge of participant direction, ability to develop the necessary core competencies for the aforementioned workforce categories, and expertise in conducting environmental scans, developing workforce assessment tools, and developing and implementing training programs.

The Aging Network is an integral part of the larger long term service and support system and Network programs and agencies interface with many other aging and disability agencies and services. For example, ADRCs are no wrong door one stop centers that provide services to older adult and populations with disabilities and partner with many different agencies such as State Medicaid agencies and Centers for Independent Living (CILs). Core competencies and training products should build on, and not duplicate, competencies, training and certification programs in use by the Network, and other long-term services and supports providers, and academic institutions. This will require extensive work with all key stakeholders, and strategies to use the time and resources of these stakeholders efficiently and effectively. The proposal should describe the partner organizations and the role of each partner in the planning, development and implementation of this project.

Training programs need to be accessible to the Network workforce. The Network comprises 56 State Units on Aging (SUA), 628 Area Agencies on Aging (AAA), 246 Tribal Organizations, and over 20,000 local service providers, with a total workforce of over 50,000 people. These individuals work in a variety of settings, and many have responsibilities that require substantial amounts of time working with people in their homes, community based settings like senior centers or other locations like hospitals, nursing facilities, and rehabilitation centers, often they work in an out-of-office setting. Proposals must provide information on what training platforms and strategies will be used to ensure that training will be accessible to all workforce members. They should include formats for training, how these promote active learning, and how these programs can support collaboration and culture change. Applicants should describe how presentations, focus groups, or other activities at relevant meetings and events would be incorporated in the development or implementation process and how these approaches support the effort, should be part of proposals.

Assessment and evaluation is a key part of training and includes both assessment tools for employees, supervisors and administrators, as well as tools and strategies to evaluate the effectiveness of training on individuals and the workforce as a whole. Proposals should provide a robust description of all assessment and evaluation strategies that will be used and how these will provide the desired results. These should include tools to assist supervisors and administrators in assessing the level of knowledge of their staff in order to most effectively target the training to gaps in knowledge as staff may have different levels of understanding or experience with participant direction. Assessment tools should be available in

multiple formats including on-line. Assessment tools should be designed in such a way as to capture information that can be used in an aggregate form to inform the continued development of the Aging Network workforce.

Proposals need to demonstrate the ability to evaluate the effectiveness of training in both the short and long term, and how the workforce training system impacts the Aging Network as a whole. Evaluation should include a variety of performance measures — both output and outcome. These should include, but not be limited to: the percent of the current workforce that is assessed; the percent of those with training needs; the percent of those completing training showing improvement in knowledge, attitudes and skills; how results vary in different areas and across different workforce job categories; the implementation of policies for the implementation of participant direction; and, change in the number of participant direction programs in the Network.

AoA understands that culture change is necessary to sustain and grow participant direction, and that this change is not easy. It will require changing long-established behaviors and norms that are compounded by the fact that in much of the Network workforce turnover is relatively low. The n4a survey completed in January 2010 noted that on average AAAs estimated that over 70% of their workforce had been with the organization for more than three years, and almost 25% of AAAs reporting noted that 90% of their staff had been employed for longer than 3 years. Proposals should include strategies to create and sustain culture. Strategies could include use of evaluation and assessment results to develop and disseminate milestones and lessons learned throughout the Network that will support culture change.

Applicants should also propose strategies to imbed these competencies, training, and job categories in the larger LTSS system and workforce including working with the Department of Labor and the Department of Education.

VD-HCBS programs represent an important collaboration between AoA and VA, and the opportunity for Aging Network providers to fully integrate participant direction into the long term services and support system. VD-HCBS programs have, as a central component, the Cash and Counseling model of participant direction. In order to continue to expand the VD-HCBS programs, the Aging Network has to be provided the in-depth understanding to implement this model. The successful applicant will be able to demonstrate the expertise to provide the technical assistance necessary to Aging Network agencies to enable them to effectively implement and support these programs and be able to describe how this component of the project supports the wider training and culture change efforts. Applicants should also include specific information on their knowledge and experience with the VA system or other similar systems that would benefit technical assistance efforts.

Applicants should include in their proposals and budgets the travel expected to accommodate the work on this project. This should include at least 6 meetings per year in Washington DC with AoA and partner agencies and organizations, travel to relevant national meetings, and other meetings or events in states that would benefit the project.

#### II. AWARD INFORMATION

**Award type**: New Cooperative Agreement

Estimated Federal Funds Available: \$500,000 in FY 2011

Estimated Total Federal Funds over 3 Years: \$2,250,000 (\$750,000 in FY

2012; \$1,000,000 in FY 2013)

**Estimated Number of Awards**: one (1) **Projected Start Date**: August 1, 2011 **Estimated Project Length**: 36 Months

The amount of Federal funds available for this new funding opportunity is anticipated to be up to \$2,250,000 starting in FY2011 and ending in FY 2013. The AoA plans to fund one grant (cooperative agreement) at a federal share of \$500,000, \$750,000 and \$1,000,000 respectively for each annual project period over the three years of the grant, contingent upon availability of federal funds. Only the first year of funding in the amount of \$500,000 will be available in FY 2011.

The terms and conditions for this cooperative agreement are as follows and will be incorporated by reference in the Notice of Award (NOA).

The AoA will carry out the following activities for the cooperative agreement noted above:

- AoA Project Officer will perform the day-to-day Federal responsibilities of managing a grant initiative and will work with the grantee to ensure that the minimum requirements for the grant are met.
- AoA will assist the grantee project leadership in understanding the policy concerns and/or priorities of AoA by conducting periodic briefings and by carrying out ongoing consultations.
- AoA and the grantee will work cooperatively to clarify the programmatic and budgetary issues to be addressed by the project. Based on these negotiations, the grantee will revise the project work plan detailing expectations for major activities and products during the 36 month grant.
- Provide technical advice to the grantee on the provision of technical support and associated tasks related to the fulfillment of the goals and objectives of this grant.
- Review, provide technical advice on, and approve grantee work products.
- Provide consultation to the grantee in identifying emerging issues as they relate to the goals and objectives of this grant program.
- AoA will work with the grantee on the development and implementation of evaluation and quality assurance systems to ensure that performance is measured and continuous improvement occurs.
- Attend and participate in major project events as appropriate.

The grantee will execute the responsibilities of the cooperative agreement as listed below:

- Collaborate with the AoA
- Development of any modifications in the execution of the work plan.
- Evaluate the impact of overall project activities and ensure quality assurance systems are in place.
- Share information with AoA, the Aging Network, and other partners and entities as appropriate.
- Fulfill all of the requirements of the grant initiative as detailed in this program announcement including:
  - Design and implement training on participant direction for the specified levels of the Aging Network workforce;
  - Evaluate and assess the outputs, outcomes and impacts of this project's training efforts on the workforce involved;
  - Work with AoA to imbed core competencies and job categories in the larger LTSS and educational system;
  - o Provide technical assistance on the participant direction component of the VD-HCBS programs and other participant directed programs.

Once a cooperative agreement is in place, requests to modify or amend it or the work plan may be made by AoA or the awardee at any time. Modifications and/or amendments of the Cooperative Agreement or work plan shall be effective upon the mutual agreement of both parties, except where AoA is authorized under the Terms and Conditions of award, 45 CFR Part 74 or 92, or other applicable regulation or statute to make unilateral amendments.

#### III. ELIGIBILITY INFORMATION

#### 1. Eligible Applicants

Domestic public or private non-profit entities including state and local governments, Indian tribal governments and organizations (American Indian/Alaskan Native/Native American), faith-based organizations, community-based organizations, hospitals, and institutions of higher education.

The successful applicant must have demonstrated expertise in working with the Aging network and participant direction programs, philosophy and implementation. In addition, the successful applicant must have documented experience in the provision of training and technical assistance.

#### 2. Cost Sharing or Matching

Under this Older Americans Act (OAA) program, AoA will fund no more than 75% of the project's total cost, which means the applicant must cover at least 25% of the project's total cost with non-Federal resources. A common error applicants make is to match 25% of the Federal share, rather than 25% of the project's total cost. There are two steps in calculating the amount of the required non-Federal share associated with a Federal grant:

- (1) Calculate the total project cost associated with the Federal grant amount. To do this, simply divide the amount of the Federal grant by an amount equal to one minus the non-Federal share percentage (i.e., the "match rate" expressed as a decimal). For example, assume a grant with Federal share of \$250,000. Since the non-Federal share requirement is 25%, the total cost of the project must be at least \$250,000 divided by (1.0- 0.25), i.e., 0.75, or \$250,000 / .75 = \$333,333...
- (2) Calculate the non-Federal share requirement, i.e., the difference between the minimum total project cost and the Federal grant amount, in this case \$333,333 minus \$250,000 or \$83,333.

Please note applications with a match greater than the minimum required will **not** receive additional consideration under the review. Applicants are encouraged to limit match to approximately 25%. Match is not one of the responsiveness criteria as noted in Section III, 3 Application Screening Criteria.

There are two types of match: 1) non-Federal cash and 2) non-Federal in-kind. In general, costs borne by the applicant and cash contributions of any and all third parties involved in the project, including sub-grantees, contractors and consultants, are considered matching funds. Volunteered time and use of facilities to hold meetings or conduct project activities may be considered in-kind (third party) donations. Examples of non-Federal cash match includes budgetary funds provided from the applicant agency's budget for costs associated with the project. AoA encourages you to not exceed the minimum match requirement. Applications with a match greater than the minimum required will not receive additional consideration under the review. Match is not one of the responsiveness criteria as noted in Section III, 3 Application Screening Criteria.

AoA takes very seriously the current downturn in the nation's economy; therefore AoA may waive the matching requirement where severe hardship is documented by the applicant. If you feel unable to meet the minimum matching requirement, please provide a written justification, which explains why you cannot meet the match through cash or in-kind contributions. The written justification must be signed by your authorized representative and submitted with your application through <a href="http://www.grants.gov">http://www.grants.gov</a>. AoA will review your request and contact you should additional information or justification be necessary. Applicants are encouraged to make this hardship determination during the application phase; waiver requests made after awards have been issued will be reviewed on a case-by-case basis.

#### 3. Responsiveness and Screening Criteria

#### **Application Responsiveness Criteria**

Applications that fail to meet the responsiveness criteria described below will **not** be reviewed and will receive **no** further consideration.

The successful applicant will be an organization that meets the following criteria:

- 1. Demonstrated experience as an expert on participant direction programs and philosophy;
- 2. Documented experience in providing training and technical assistance to public entities at the federal, state and local levels.
- 3. Specific knowledge regarding the components of a participant directed program including the role of a Financial Management Services entity.

#### **Application Screening Criteria**

All applications will be screened to assure a level playing field for all applicants. Applications that fail to meet the three screening criteria described below will **not** be reviewed and will receive **no** further consideration.

In order for an application to be reviewed, it must meet the following screening requirements:

- 1. Applications must be submitted electronically via <a href="http://www.grants.gov">http://www.grants.gov</a> by 11:59 p.m., Eastern Time, May 19, 2011.
- 2. The Project Narrative section of the Application must be **double-spaced**, on 8 ½" x 11" plain white paper with 1" margins on both sides, and a **font size** of not less than 11.
- 3. **The Project Narrative must not exceed 20 pages**. NOTE: The Project Work Plan, Letters of Commitment, and Vitae of Key Project Personnel **are not counted** as part of the Project Narrative for purposes of the 20-page limit.

#### IV. APPLICATION AND SUBMISSION INFORMATION

#### 1. Address to Request Application Package

Application materials can be obtained from <a href="http://www.grants.gov">http://www.grants.gov</a> or <a href="http://www.aoa.gov/AoARoot/Grants/Funding/index.aspx">http://www.aoa.gov/AoARoot/Grants/Funding/index.aspx</a>.

Please note, AoA is requiring applications for all announcements to be submitted electronically through <a href="http://www.grants.gov">http://www.grants.gov</a>. The Grants.gov
(<a href="http://www.grants.gov">http://www.grants.gov</a>) registration process can take several days. If your organization is not currently registered with <a href="http://www.grants.gov">http://www.grants.gov</a>, please begin this process immediately. For assistance with <a href="http://www.grants.gov">http://www.grants.gov</a>, please contact them at <a href="support@grants.gov">support@grants.gov</a> or 1-800-518-4726 between 7 a.m. and 9
p.m. Eastern Time. At <a href="http://www.grants.gov">http://www.grants.gov</a>, you will be able to download a copy of the application packet, complete it off-line, and then upload and submit the application via the Grants.gov website (<a href="http://www.grants.gov">http://www.grants.gov</a>).

Applications submitted via <a href="http://www.grants.gov">http://www.grants.gov</a>:

- You may access the electronic application for this program on <a href="http://www.grants.gov">http://www.grants.gov</a>. You must search the downloadable application page by the Funding Opportunity Number HHS-2011-AoA-CD-1109 or CFDA number 93.048
- At the <a href="http://www.grants.gov">http://www.grants.gov</a> website, you will find information about submitting an application electronically through the site, including the hours of operation. AoA strongly recommends that you do not wait until the application due date to begin the application process through <a href="http://www.grants.gov">http://www.grants.gov</a> because of the time involved to complete the registration process.
- All applicants must have a Dun and Bradstreet (D&B) Data Universal Numbering System (DUNS) number and register in the Central Contractor Registry (CCR). You should allow a minimum of **five days** to complete the CCR registration.
- Effective October 1, 2010, HHS requires all entities that plan to apply for and ultimately receive Federal grant funds from any HHS Operating/Staff Division (OPDIV/STAFFDIV) or receive sub-awards directly from the recipients of those grant funds to:
  - 1. Be registered in the CCR prior to submitting an application or plan;
  - 2. Maintain an active CCR registration with current information at all times during which it has an active award or an application or plan under consideration by an OPDIV; and
  - 3. Provide its DUNS umber in each application or plan it submits to the OPDIV.

An award cannot be made until the applicant has complied with these requirements. At the time an award is ready to be made, if the intended recipient has not complied with these requirements, the OPDIV/STAFFDIV:

- May be determined that the applicant is not qualified to receive an award; and,
- May use that determination as a basis for making an award to another applicant.

Additionally, all first-tier subaward recipients must have a DUNS number at the time the subaward is made.

• Since October 1, 2003, The Office of Management and Budget has required applicants to provide a Dun and Bradstreet (D&B) Data Universal Numbering System (DUNS) number when applying for Federal grants or cooperative

agreements. It is entered on the SF 424. It is a unique, **nine-digit identification number**, which provides unique identifiers of single business entities. The DUNS number is *free and easy* to obtain.

- Organizations can receive a DUNS number at no cost by calling the dedicated toll-free DUNS Number request line at 1-866-705-5711 or by using this link to access a guide:
  - http://www.whitehouse.gov/sites/default/files/omb/grants/duns num guide.pdf
- You must submit all documents electronically, including all information included on the SF424 and all necessary assurances and certifications.
- Prior to application submission, Microsoft Vista and Office 2007 users should review the <a href="http://www.grants.gov">http://www.grants.gov</a> compatibility information and submission instructions provided at <a href="http://www.grants.gov">http://www.grants.gov</a> (click on "Vista and Microsoft Office 2007 Compatibility Information").
- Your application must comply with any page limitation requirements described in this Program Announcement.
- After you electronically submit your application, you will receive an automatic acknowledgement from <a href="http://www.grants.gov">http://www.grants.gov</a> tracking number. The Administration on Aging will retrieve your application form from <a href="http://www.grants.gov">http://www.grants.gov</a>.
- After the Administration on Aging retrieves your application form from <a href="http://www.grants.gov">http://www.grants.gov</a>, a return receipt will be emailed to the applicant contact. This will be in addition to the validation number provided by <a href="http://www.grants.gov">http://www.grants.gov</a>.
- Each year organizations registered to apply for Federal grants through <a href="http://www.grants.gov">http://www.grants.gov</a> will need to renew their registration with the Central Contractor Registry (CCR). You can register with the CCR online and it will take about 30 minutes (<a href="http://www.ccr.gov">http://www.ccr.gov</a>).

Contact person regarding this Program Announcement:

U.S. Department of Health and Human Services Administration on Aging Linda Velgouse Office of Program Innovation and Demonstrations Washington, D.C. 20201

Or by calling: 202-357-3427

Or e-mailing: linda.velgouse@aoa.hhs.gov

#### 2. Content and Form of Application Submission

#### a. Letter of Intent

Applicants are requested, but not required, to submit a letter of intent to apply for this funding opportunity to assist AoA in planning for the application independent review process. The purpose of the letter of intent is to allow our staff to estimate

the number of independent reviewers needed and to avoid potential conflicts of interest in the review. The deadline for submission of the letter of intent is April 20, 2011. Letters of intent should be sent by FAX or email to:

U.S. Department of Health and Human Services Administration on Aging Linda Velgouse Office of Program Innovation and Demonstrations

Email: linda.velgouse@aoa.hhs.gov

Fax: 202-357-3469

#### **b.** Project Narrative

The Project Narrative must be double-spaced, on 8 ½" x 11" paper with 1" margins on both sides, and a font size of not less than 11. You can use smaller font sizes to fill in the Standard Forms and Sample Formats. The suggested length for the Project Narrative is ten to twenty pages; twenty pages is the maximum length allowed. AoA will not accept applications with a Project Narrative that exceeds 20 pages. The Project Work Plan, Letters of Commitment, and Vitae of Key Personnel are not counted as part of the Project Narrative for purposes of the 20-page limit, but all of the other sections noted below are included in the limit.

The components of the Project Narrative counted as part of the 20 page limit include:

Summary/Abstract
Problem Statement
Goal(s) and Objective(s)
Proposed Intervention
Special Target Populations and Organizations
Outcomes
Project Management
Evaluation
Dissemination
Organizational Capability

The Project Narrative is the most important part of the application, since it will be used as the primary basis to determine whether or not your project meets the minimum requirements for grants under Title IV of the Older Americans Act. The Project Narrative should provide a clear and concise description of your project. AoA recommends that your project narrative include the following components:

**Summary/Abstract**. This section should include a brief - no more than 265 words maximum - description of the proposed project, including: goal(s), objectives, outcomes, and products to be developed. Detailed instructions for completing the summary/abstract are included in Attachment F of this document.

**Problem Statement**. This section should describe, in both quantitative and qualitative terms, the nature and scope of the particular problem or issue the proposed intervention is designed to address, including how the project will potentially affect the Aging Network workforce and programs, populations being served by the Network, and the larger LTSS systems.

Goals and Objectives. This section should consist of a description of the project's goal(s) and major objectives. Unless the project involves multiple, complex interventions, we recommend you have only one overall goal.

Proposed Intervention. This section should provide a clear and concise description of the intervention you are proposing to use to address the problem described in the "Problem Statement" and the three objectives outlined in this Announcement. You should also describe the rationale for using the particular intervention, including factors such as: "lessons learned" for similar projects previously tested in your community, or in other areas of the country; factors in the larger environment that have created the "right conditions" for the intervention (e.g., existing social, economic or political factors that you'll be able to take advantage of, etc.). Also note any major barriers you anticipate encountering, and how your project will be able to overcome those barriers. Be sure to describe the role and makeup of any strategic partnerships you plan to involve in implementing the intervention, including other organizations, supporters, and/or consumer groups.

**Special Target Populations and Organizations.** This section should describe how you plan to involve Aging Network agencies and workforce, stakeholders, partners and consumers in a meaningful way in the planning, development and implementation of the proposed project.

**Outcomes**. This section of the project narrative must clearly identify the measurable outcome(s) that will result from the project. (NOTE: AoA will not fund any project that does not include measurable outcomes). This section should also describe how the project's findings might benefit the field at large, (e.g., how the findings could help other organizations throughout the nation to address the same or similar problems.) List measurable outcomes in the attached work plan grid (Attachment E) under "Measurable Outcomes" in addition to any discussion included in the narrative along with a description of how the project might benefit the field at large.

A "measurable outcome" is an observable end-result that describes how a particular intervention benefits the target audience. It demonstrates the functional status, mental well-being, knowledge, skill, attitude, awareness or behavior. It can describe a change in the degree to which consumers exercise choice over the types of services they receive, or whether they are satisfied with the way a service is delivered. Additional examples include: a change in the responsiveness or cost-effectiveness of a service delivery system; a change or increase in a type of service model that can be replicated in the aging network; new knowledge that can contribute to the field of aging; a measurable increase in knowledge about the target subject, or a measurable increase in persons receiving the targeted service

delivery model. A measurable outcome is not a measurable "output", such as: the number of clients served; the number of training sessions held; or the number of service units provided.

You should keep the focus of this section on describing what outcome(s) will be produced by the project. You should use the Evaluation section noted below to describe how the outcome(s) will be measured and reported.

Your application will be scored on the clarity and nature of your proposed outcomes, not on the number of outcomes cited. It is totally appropriate for a project to have only ONE outcome that it is trying to achieve through the intervention reflected in the project's design.

**Project Management.** This section should include a clear delineation of the roles and responsibilities of project staff, consultants and partner organizations, and how they will contribute to achieving the project's objectives and outcomes. It should specify who would have day-to-day responsibility for key tasks such as: leadership of project; monitoring the project's on-going progress, preparation of reports; communications with other partners and AoA. It should also describe the approach that will be used to monitor and track progress on the project's tasks and objectives.

**Evaluation**. This section should describe the method(s), techniques and tools that will be used to: 1) determine whether or not the proposed intervention achieved its anticipated outcome(s), and 2) document the "lessons learned" – both positive and negative - from the project that will be useful to people interested in replicating the intervention, if it proves successful.

**Dissemination**. This section should describe the method that will be used to disseminate the project's results and findings in a timely manner and in easily understandable formats, to Aging Network agencies to use the results of the project to inform practice, service delivery, program development, and/or policy-making, including and especially those parties both inside and outside of the Aging Network, such as other federal agencies including Dept. of Labor (DOL) and Dept. of Education (DOE) who would be interested in using the project's results to formalize the core competencies and job categories in the wider LTSS and related educational and workforce development systems.

**Organizational Capability Statement**. Each application should include an organizational capability statement and vitae for key project personnel. The organizational capability statement should describe how the applicant agency (or the particular division of a larger agency which will have responsibility for this project) is organized, the nature and scope of its work and/or the capabilities it possesses. It should also include the organization's capability to sustain some or all project activities after Federal financial assistance has ended.

This description should cover capabilities of the applicant agency not included in the program narrative, such as any current or previous relevant experience and/or the record of the project team in preparing cogent and useful reports, publications, and other products. If appropriate, include an organization chart showing the relationship of the project to the current organization. Please attach short vitae for

key project staff only. Neither vitas nor an organizational chart will count towards the narrative page limit. Also include information about any contractual organization(s) that will have a significant role(s) in implementing project and achieving project goals.

#### c. Work Plan

The Project Work Plan should reflect and be consistent with the Project Narrative and Budget and it should cover all three (3) years of the project period. It should include a statement of the project's overall goal, anticipated outcome(s), key objectives, and the major tasks / action steps that will be pursued to achieve the goal and outcome(s). For each major task / action step, the work plan should identify timeframes involved (including start- and end-dates), and the lead person responsible for completing the task. Please use the Sample Work Plan format included in Attachment E.

# d. Letters of Commitment from Key Participating Organizations and Agencies

Include confirmation of the commitments to the project (should it be funded) made by key collaborating organizations and agencies in this part of the application. Any organization that is specifically named to have a significant role in carrying out the project should be considered an essential collaborator. For applications submitted electronically via <a href="http://www.grants.gov">http://www.grants.gov</a>, signed letters of commitment should be scanned and included as attachments. Applicants unable to scan the signed letters of commitment may fax them to the AoA Office of Grants Management at 202-357-3467 by the application submission deadline. In your fax, be sure to include the funding opportunity number and your agency name.

#### e. Budget Narrative/Justification

The Budget Narrative/Justification should be provided using the format included as Attachment C of this Program Announcement. Applicants are encouraged to pay particular attention to Attachment C, which provides an example of the level of detail sought. A combined multi-year Budget Narrative/Justification, as well as a detailed Budget Narrative/Justification for each year of potential grant funding is required

#### 3. Submission Dates and Times

The deadline for the submission of applications under this Program Announcement is May 19, 2011. Applications must be submitted electronically by 11:59 p.m. Eastern Time, May 19, 2011.

Applications that fail to meet the application due date will not be reviewed and will receive no further consideration. You are strongly encouraged to submit your application a minimum of 3-5 days prior to the application closing date. Do not wait until the last day in the event you encounter technical difficulties, either on your end or, with <a href="http://www.grants.gov">http://www.grants.gov</a>. Grants.gov can take up to 48 hours to notify you of a successful submission.

Unsuccessful submissions will require authenticated verification from <a href="http://www.grants.gov">http://www.grants.gov</a> indicating system problems existed at the time of your submission. For example, you will be required to provide an <a href="http://www.grants.gov">http://www.grants.gov</a> submission error notification and/or tracking number in order to substantiate missing the cut off date.

Grants.gov (<a href="http://www.grants.gov">http://www.grants.gov</a>) will automatically send applicants a tracking number and date of receipt verification electronically once the application has been successfully received and validated in <a href="http://www.grants.gov">http://www.grants.gov</a>. After the Administration on Aging retrieves your application form from <a href="http://www.grants.gov">http://www.grants.gov</a>, a return receipt will be emailed to the applicant contact. This will be in addition to the validation number provided by <a href="http://www.grants.gov">http://www.grants.gov</a>.

#### 4. Intergovernmental Review

This funding opportunity announcement is not subject to the requirements of Executive Order 12372, "Intergovernmental Review of Federal Programs."

#### 5. Funding Restrictions

The following activities are not fundable:

- Construction and/or major rehabilitation of buildings
- Basic research (e.g. scientific or medical experiments)
- Continuation of existing projects without expansion or new and innovative approaches

#### **6.** Other Submissions Requirements

Letters of intent should be emailed or faxed to:

Linda Velgouse

Email: linda.velgouse@aoa.hhs.gov

Fax: 202-357-3469

#### V. APPLICATION REVIEW INFORMATION

#### 1. Criteria

Applications are scored by assigning a maximum of 100 points across five criteria:

- a. Purpose and Need for Assistance (15 points);
- b. Approach, Work Plan and Activities (40 points);
- c. Project Outcomes, Evaluation, Dissemination (30 points);
- d. Level of Effort (15 points).

#### a. Project Relevance & Current Need

- i. Does the proposed project clearly and adequately respond to this Program Announcement? (10 points).
- ii. Does the application adequately and appropriately describe and document the key issues in creating and implementing workforce training system to create consistent knowledge and ability to implement participant directed programs in the Aging Network. (5 points)

#### b. Approach, Work Plan and Activities

- i. Is the intervention clearly defined? Does it reflect a coherent and feasible approach for successfully addressing the identified problem and achieving the identified outcomes? Are the strategies and tools, e.g. assessment tool, easy to access and use by both individuals for self assessment and supervisors? Does the project take into account barriers and opportunities that exist in the larger environment that may impact on the project's success? Does the intervention optimize the use of potential partnerships with other organizations and/or consumer groups, as appropriate? Does this intervention adequately address each of the three objectives outline in the Announcement? Does the approach include leveraging existing information and related work? (20 points)
- ii. Is the project work plan clear and comprehensive? Does it include sensible and feasible timeframes for the accomplishment of tasks presented? Does the work plan include specific objectives and tasks that are linked to measurable outcomes? Does the proposal include a clear and coherent management plan? Are the roles and responsibilities of project staff, consultants and partners clearly defined and linked to specific objectives and tasks? Are the qualifications of the project staff, consultants and/or partners, and the proposed level of effort, adequate to carryout the project? (10 points)
- iii. Does the application describe how Aging Network agencies and other stakeholders will be involved in a meaningful way in the planning and implementation of the proposed project? (10 points)
- c. Project Outcomes, Evaluation and Dissemination Weight: 30 points

Weight: 15 points

Weight: 40 points

- i. Are the expected project benefits/results clear, realistic, and consistent with the objectives and purpose of the project? Are the anticipated outcomes of the proposed project likely to be achieved and will they significantly increase the knowledge about and application of participant direction in the Aging Network.? Are the proposed outcomes quantifiable and measurable, consistent with the definition of a project outcome on page 12 of this Program Announcement? (10 points)
- ii. Does the project evaluation reflect a thoughtful and well-designed approach that will be able to successfully measure whether or not the project has achieved its proposed outcome(s)? Does the plan include the qualitative and/or quantitative methods necessary to reliably measure outcomes? Is the evaluation also designed to capture "lessons learned" from the overall effort that can be used to support the continued use of the tools and training beyond the grant period? Will the evaluation be of use to others in the field of aging, especially those who might be interested in replicating the training programs? (15 points)
- iii. Will the dissemination plan provide relevant information such as core competencies and training to parties that might be interested in making use of its findings, including federal agencies such as DOL and DOE and organizations that might want to replicate the project? (5 points)

#### d. Level of Effort

- i. Do the proposed project director(s), key staff and consultants have the background, experience, and other qualifications required to carry out their designated roles? Are letters from participating organizations included, as appropriate, and do they express the clear commitment and areas of responsibility of those organizations, consistent with the work plan description of their intended roles and contributions? (5 points)
- ii. Is the budget justified with respect to the adequacy and reasonableness of resources requested? Is the time commitment of the proposed director and other key project personnel sufficient to assure proper direction, management and timely completion of the project? Are budget line items clearly delineated and consistent with work plan objectives? (10 points)

#### 2. Review and Selection Process

An independent review panel of at least three individuals will evaluate applications that pass the screening and meet the responsiveness criteria. These reviewers are experts in their field, and are drawn from academic institutions, non-profit organizations, state and local government, and Federal government agencies. Based on the Application Review Criteria as outlined under section V.1, the reviewers will comment on and score the applications, focusing their comments and scoring decisions on the identified criteria.

Weight: 15 points

Final award decisions will be made by the Assistant Secretary for Aging (ASA). In making these decisions, the ASA will take into consideration: recommendations of the review panel; reviews for programmatic and grants management compliance; the reasonableness of the estimated cost to the government considering the available funding and anticipated results; and the likelihood that the proposed project will result in the benefits expected.

#### VI. AWARD ADMINISTRATION INFORMATION

#### 1. Award Notices

Successful applicants will receive an electronic Notice of Award. The Notice of Award is the authorizing document from the U.S. Administration on Aging authorizing official, Officer of Grants Management, and the AoA Office of Budget and Finance. Unsuccessful applicants are generally notified within 30 days of the final funding decision and will receive a disapproval letter via e-mail or U.S. mail. Unless indicated otherwise in this announcement, unsuccessful applications will not be retained by the agency and destroyed.

#### 2. Administrative and National Policy Requirements

The award is subject to DHHS Administrative Requirements, which can be found in 45CFR Part 74 and 92 and the Standard Terms and Conditions implemented through the HHS Grants Policy Statement located at <a href="http://www.hhs.gov/grantsnet/adminis/gpd/index.htm">http://www.hhs.gov/grantsnet/adminis/gpd/index.htm</a>.

#### 3. Reporting

Effective January 1, 2011, AoA requires the submission of the SF-425 (Federal Financial Report). The AoA program progress report is due semi-annually from the start date of the award. Final performance and SF-425 reports are due 90 days after the end of the project period.

Grantees are required to complete the federal cash transactions portion of the SF-425 within the Payment Managements System as identified in their award documents for the calendar quarters ending 3/31, 6/30, 9/30, and 12/31 through the life of their award. In addition, the fully completed SF-425 will be required as denoted in the Notice of Award terms and conditions.

#### 4. FFATA and FSRS Reporting

The Federal Financial Accountability and Transparency Act (FFATA) requires data entry at the FFATA Subaward Reporting System (<a href="http://www.FSRS.gov">http://www.FSRS.gov</a>) for all sub-awards and sub-contracts issued for \$25,000 or more as well as addressing executive compensation for both grantee and sub-award organizations.

For further guidance please see the following link:

#### VII. AGENCY CONTACTS

#### **Project Officer:**

U.S. Department of Health and Human Services Administration on Aging Washington, DC 20201 Attn: Linda Velgouse

Telephone: (202) 357-3427, e-mail: linda.velgouse@aoa.hhs.gov

#### **Grants Management Specialist:**

U.S. Department of Health and Human Services Administration on Aging Washington, DC 20201 Attn: Heather Wiley e-mail: grants.office@aoa.hhs.gov

#### VIII. OTHER INFORMATION

#### 1. Application Elements

- **a. SF 424** Application for Federal Assistance (See Attachment A for Instructions).
- **b. SF 424A** Budget Information. (See Attachment A for Instructions; See Attachment B for an example of a completed SF 424A).
- c. Separate Budget Narrative/Justification (See Attachment C for a Budget Narrative/Justification Sample Format with Examples and Attachment D for a Sample Template).

NOTE: Applicants requesting funding for multi-year grant projects are REQUIRED to provide a Narrative/Justification for each year of potential grant funding, as well as a combined multi-year detailed Budget Narrative/Justification.

- **d. SF 424B Assurances.** Note: Be sure to complete this form according to instructions and have it signed and dated by the authorized representative (see item 18d on the SF 424).
- e. Lobbying Certification
- f. Proof of non-profit status, if applicable
- g. Copy of the applicant's most recent indirect cost agreement, if requesting indirect costs. If any sub-contractors or sub-grantees are requesting

indirect costs, copies of their indirect cost agreements must also be included with the application.

- h. Project Narrative with Work Plan (See Attachment E, for Sample Work Plan Format).
- i. Organizational Capability Statement and Vitae for Key Project Personnel.
- j. Letters of Commitment from Key Partners, if applicable.
- 2. The Paperwork Reduction Act of 1995 (P.L. 104-13)

An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. The project description and Budget Narrative/Justification is approved under OMB control number 0985-0018 which expires on 8/31/13. Public reporting burden for this collection of information is estimated to average 10 hours per response, including the time for reviewing instructions, gathering and maintaining the data needed and reviewing the collection information.

## **ATTACHMENTS**

Attachment A:
Instructions for Completing Required Forms
(SF 424, Budget (SF 424A), Budget Narrative/Justification)

**Attachment B: SF 424 – Sample Format with Example** 

Attachment C: Budget Narrative/Justification Format – Sample Format with Examples

> Attachment D: Budget Narrative/Justification – Sample Template

> > Attachment E: Project Work Plan - Sample Template

**Attachment F: Instructions for Completing the Summary/Abstract** 

#### **Attachment A: Instructions for Completing Required Forms**

(SF 424, Budget (SF 424A), Budget Narrative/Justification)

This section provides step-by-step instructions for completing the four (4) standard Federal forms required as part of your grant application, including special instructions for completing Standard Budget Forms 424 and 424A. Standard Forms 424 and 424A are used for a wide variety of Federal grant programs, and Federal agencies have the discretion to require some or all of the information on these forms. AoA does not require all the information on these Standard Forms. Accordingly, please use the instructions below in lieu of the standard instructions attached to SF 424 and 424A to complete these forms.

#### a. Standard Form 424

- 1. **Type of Submission:** (REQUIRED): Select one type of submission in accordance with agency instructions.
  - Preapplication
  - Application
  - Changed/Corrected Application If AoA requests, check if this submission is to change or correct a previously submitted application.
- 2. **Type of Application**: (REQUIRED) Select one type of application in accordance with agency instructions.
  - New
  - Continuation
  - Revision
- 3. **Date Received:** Leave this field blank.
- 4. **Applicant Identifier**: Leave this field blank
- 5a **Federal Entity Identifier**: Leave this field blank
- 5b. **Federal Award Identifier**: For new applications leave blank. For a continuation or revision to an existing award, enter the previously assigned Federal award (grant) number.
- 6. **Date Received by State:** Leave this field blank.
- 7. **State Application Identifier:** Leave this field blank.
- 8. **Applicant Information**: Enter the following in accordance with agency instructions:
- **a.** Legal Name: (REQUIRED): Enter the name that the organization has registered with the Central Contractor Registry. Information on registering with CCR may be obtained by visiting the Grants.gov website (<a href="http://www.grants.gov">http://www.grants.gov</a>).
- **b.** Employer/Taxpayer Number (EIN/TIN): (REQUIRED): Enter the Employer or Taxpayer Identification Number (EIN or TIN) as assigned by the Internal Revenue Service.

- **c. Organizational DUNS**: (REQUIRED) Enter the organization's DUNS or DUNS+4 number received from Dun and Bradstreet. Information on obtaining a DUNS number may be obtained by visiting the Grants.gov website (<a href="http://www.grants.gov">http://www.grants.gov</a>). Your DUNS number can be verified at <a href="http://www2.zapdata.com/CompanyLookup.do">http://www2.zapdata.com/CompanyLookup.do</a>.
- **d.** Address: (REQUIRED) Enter the complete address including the county.
- **e. Organizational Unit:** Enter the name of the primary organizational unit (and department or division, if applicable) that will undertake the project.
- **f. Name and contact information of person to be contacted on matters involving this application**: Enter the name (First and last name required), organizational affiliation (if affiliated with an organization other than the applicant organization), telephone number (Required), fax number, and email address (Required) of the person to contact on matters related to this application.
- 9. **Type of Applicant:** (REQUIRED) Select the applicant organization "type" from the following drop down list.
- A. State Government B. County Government C. City or Township Government D. Special District Government E. Regional Organization F. U.S. Territory or Possession G. Independent School District H. Public/State Controlled Institution of Higher Education I. Indian/Native American Tribal Government (Federally Recognized) J. Indian/Native American Tribal Government (Other than Federally Recognized) K. Indian/Native American Tribally Designated Organization L. Public/Indian Housing Authority M. Nonprofit with 501C3 IRS Status (Other than Institution of Higher Education) N. Nonprofit without 501C3 IRS Status (Other than Institution of Higher Education) O. Private Institution of Higher Education P. Individual Q. For-Profit Organization (Other than Small Business) R. Small Business S. Hispanic-serving Institution T. Historically Black Colleges and Universities (HBCUs) U. Tribally Controlled Colleges and Universities (TCCUs) V. Alaska Native and Native Hawaiian Serving Institutions W. Nondomestic (non-US) Entity X. Other (specify)
- 10. Name Of Federal Agency: (REQUIRED) Enter U.S. Administration on Aging
- 11. **Catalog Of Federal Domestic Assistance Number/Title:** The CFDA number can be found on page one of the Program Announcement.
- 12. **Funding Opportunity Number/Title:** (REQUIRED) The Funding Opportunity Number and title of the opportunity can be found on page one of the Program Announcement.
- 13. **Competition Identification Number/Title:** Leave this field blank.
- 14. **Areas Affected By Project:** List the largest political entity affected (cities, counties, state etc).
- 15. **Descriptive Title of Applicant's Project:** (REQUIRED) Enter a brief descriptive title of the project.

16. **Congressional Districts Of**: (REQUIRED) 16a. Enter the applicant's Congressional District, and 16b. Enter all district(s) affected by the program or project. Enter in the format: 2 characters State Abbreviation – 3 characters District Number, e.g., CA-005 for California 5th district, CA-012 for California 12<sup>th</sup> district, NC-103 for North Carolina's 103rd district. If all congressional districts in a state are affected, enter "all" for the district number, e.g., MD-all for all congressional districts in Maryland. If nationwide, i.e. all districts within all states are affected, enter US-all. See the below website to find your congressional district:

#### http://www.house.gov/Welcome.shtml

- 17. **Proposed Project Start and End Dates**: (REQUIRED) Enter the proposed start date and final end date of the project. **If you are applying for a multi-year grant, such as a 3 year grant project, the final project end date will be 3 years after the proposed start date.** In general, all start dates on the SF424 should be the 1<sup>st</sup> of the month and the end date of the last day of the month of the final year, for example 4/01/2011 to 3/31/2014. The Grants Officer can alter the start and end date at their discretion.
- 18. **Estimated Funding:** (REQUIRED) If requesting multi-year funding, enter the full amount requested from the Federal Government in line item 18.a., as a multi-year total. For example and illustrative purposes only, if year one is \$100,000, year two is \$100,000, and year three is \$100,000, then the full amount of Federal funds requested would be reflected as \$300,000. The amount of matching funds is denoted by lines b. through f. with a combined Federal and non-Federal total entered on line g. Lines b. through f. represents contributions to the project by the applicant and by your partners during the total project period, broken down by each type of contributor. The value of in-kind contributions should be included on appropriate lines, as applicable.

**NOTE:** Applicants should review cost sharing or matching principles contained in Subpart C of 45 CFR Part 74 or 45 CFR Part 92 before completing Item 18 and the Budget Information Sections A, B and C noted below.

All budget information entered under item 18 should cover the total project period. For sub-item 18a, enter the Federal funds being requested. Sub-items 18b-18e is considered matching funds. The dollar amounts entered in sub-items 18b-18f must total at least  $1/3^{\rm rd}$  of the amount of Federal funds being requested (the amount in 18a). For a full explanation of AoA's match requirements, see the information in the box below. For sub-item 18f (program income), enter only the amount, if any, that is going to be used as part of the required match. Program Income submitted as match will become a part of the award match and recipients will be held accountable to meet their share of project expenses even if program income is not generated during the award period.

There are two types of match: 1) non-Federal cash and 2) non-Federal in-kind. In general, costs borne by the applicant and cash contributions of any and all third parties involved in the project, including sub-grantees, contractors and consultants, are considered **matching funds**. Examples of **non-Federal cash match** includes budgetary funds provided from the applicant agency's budget for costs associated with the project. Generally, most contributions from sub-contractors or sub-grantees (third parties) will be non-Federal in-

kind matching funds. Volunteered time and use of facilities to hold meetings or conduct project activities may be considered in-kind (third party) donations.

NOTE: Indirect charges may only be requested if: (1) the applicant has a current indirect cost rate agreement approved by the Department of Health and Human Services or another Federal agency; or (2) the applicant is a state or local government agency. State governments should enter the amount of indirect costs determined in accordance with DHHS requirements. If indirect costs are to be included in the application, a copy of the approved indirect cost agreement must be included with the application. Further, if any sub-contractors or sub-grantees are requesting indirect costs, a copy of the latest approved indirect cost agreements must also be included with the application, or reference to an approved cost allocation plan.

#### **AOA's Match Requirement**

Under this and other OAA programs, AoA will fund no more than 75 % of the **project's total cost**, which means the applicant must cover at least 25% of the **project's total cost** with non-Federal resources. In other words, for every three (3) dollars received in Federal funding, the applicant must contribute at least one (1) dollar in non-Federal resources toward the project's total cost (i.e., the amount on line 18g.). This "three-to-one" ratio is reflected in the following formula which you can use to calculate your minimum required match:

Federal Funds Requested (i.e., amount on line 15a) / 3 = Minimum Match Requirement

For example, if you request \$100,000 in Federal funds, then your **minimum** match requirement is \$100,000/3 or \$33,333. In this example the **project's total cost** would be \$133,333.

A **common error** applicants make is to match 25% of the Federal share, rather than 25% of the project's total cost, so be sure to use one of the formulas above to calculate your match requirement.

If the required non-Federal share is not provided by the completion date of the funded project period, AoA will reduce the Federal dollars awarded when closing out the award to meet the match percentage, which may result in a requirement to return Federal funds.

- 19. **Is Application Subject to Review by State Under Executive Order 12372 Process?** Check c. Program is not covered by E.O. 12372
- 20. **Is the Applicant Delinquent on any Federal Debt?** (Required) This question applies to the applicant organization, not the person who signs as the authorized representative. If yes, include an explanation on the continuation sheet.

21. **Authorized Representative**: (Required) To be signed and dated by the authorized representative of the applicant organization. Enter the name (First and last name required) title (Required), telephone number (Required), fax number, and email address (Required) of the person authorized to sign for the applicant. A copy of the governing body's authorization for you to sign this application as the official representative must be on file in the applicant's office. (Certain Federal agencies may require that this authorization be submitted as part of the application.)

#### b. Standard Form 424A

NOTE: Standard Form 424A is designed to accommodate applications for multiple grant programs; thus, for purposes of this AoA program, many of the budget item columns and rows are not applicable. You should only consider and respond to the budget items for which guidance is provided below. Unless otherwise indicated, the SF 424A should reflect a multi year budget. See Attachment B.

#### **Section A - Budget Summary**

**Line 5**: Leave columns (c) and (d) blank. Enter TOTAL Federal costs in column (e) and total non-Federal costs (including third party in-kind contributions and any program income to be used as part of the grantee match) in column (f). Enter the sum of columns (e) and (f) in column (g).

#### **Section B - Budget Categories**

Column 1: Enter the breakdown of how you plan to use the Federal funds being requested by object class category (see instructions for each object class category in Attachment C).

Column 2: Enter the breakdown of how you plan to use the non-Federal share by object class category.

Column 5: Enter the total funds required for the project (sum of Columns 1 and 2) by object class category.

#### Section C – Non Federal Resources

Column A: Enter the federal grant program.

Column B: Enter in any non-federal resources that the applicant will contribute to the project.

Column C: Enter in any non-federal resources that the state will contribute to the project.

Column D: Enter in any non-federal resources that other sources will contribute to the project.

Column E: Enter the total non-federal resources for each program listed in column A.

#### **Section D – Forecasted Cash Needs**

**Line 13:** Enter Federal forecasted cash needs broken down by quarter for the first year only.

**Line 14**: Enter Non-Federal forecasted cash needs broken down by quarter for the first year.

Line 15: Enter total forecasted cash needs broken down by quarter for the first year.

Note: This area is not meant to be one whereby an applicant merely divides the requested funding by four and inserts that amount in each quarter but an area where thought is given as to how your estimated expenses will be incurred during each quarter. For example, if you have initial start up costs in the first quarter of your award reflect that in quarter one or you do not expect to have contracts awarded and funded until quarter three, reflect those costs in that quarter.

# Section E – Budget Estimates of Federal Funds Needed for Balance of the Project (i.e. subsequent years 2, 3, 4 or 5 as applicable).

Column A: Enter the federal grant program

Column B (first): Enter the requested year two funding.

Column C (second): Enter the requested year three funding.

Column D (third): Enter the requested year four funding, if applicable.

Column E (forth): Enter the requested year five funding, if applicable.

#### **Section F – Other Budget Information**

**Line 21:** Enter the total Indirect Charges

**Line 22**: Enter the total Direct charges (calculation of indirect rate and direct charges).

**Line 23:** Enter any pertinent remarks related to the budget.

#### Separate Budget Narrative/Justification Requirement

Applicants requesting funding for multi-year grant programs are REQUIRED to provide a combined multi-year Budget Narrative/Justification, as well as a detailed Budget Narrative/Justification for each year of potential grant funding. A separate Budget Narrative/Justification is also REQUIRED for each potential year of grant funding requested.

For your use in developing and presenting your Budget Narrative/Justification, a sample format with examples and a blank sample template have been included in these Attachments. In your Budget Narrative/Justification, you should include a breakdown of the budgetary costs for all of the object class categories noted in Section B, across three columns: Federal; non-Federal cash; and non-Federal in-kind. Cost breakdowns, or justifications, are required for any cost of \$1,000 or for the thresholds as established in the examples. The Budget Narratives/Justifications should fully explain and justify the costs in each of the major budget items for each of the object class categories, as described below. Non-Federal cash as well as, subcontractor or sub-grantee (third party) in-kind contributions designated as match must be clearly identified and explained in the Budget Narrative/Justification The full Budget Narrative/Justification should be included in the application immediately following the SF 424 forms.

- Line 6a: **Personnel**: Enter total costs of salaries and wages of applicant/grantee staff. Do not include the costs of consultants, which should be included under 6h Other. **In the Justification**: Identify the project director, if known. Specify the key staff, their titles, and time commitments in the budget justification.
- Line 6b: **Fringe Benefits**: Enter the total costs of fringe benefits unless treated as part of an approved indirect cost rate.

**In the Justification**: If the total fringe benefit rate exceeds 35% of Personnel costs, provide a break-down of amounts and percentages that comprise fringe benefit costs, such as health insurance, FICA, retirement, etc. A percentage of 35% or less does not require a break down but you must show the percentage charged for each full/part time employee.

Line 6c: **Travel**: Enter total costs of all travel (local and non-local) for staff on the project. NEW: Local travel is considered under this cost item not under Other. Local transportation (all travel which does not require per diem is considered local travel). Do not enter costs for consultant's travel - this should be included in line 6h.

**In the Justification**: Include the total number of trips, number of travelers, destinations, purpose (e.g., attend conference), length of stay, subsistence allowances (per diem), and transportation costs (including mileage rates).

Line 6d: **Equipment**: Enter the total costs of all equipment to be acquired by the project. For all grantees, "equipment" is non-expendable tangible personal property

having a useful life of more than one year and an acquisition cost of \$5,000 or more per unit. If the item does not meet the \$5,000 threshold, include it in your budget under Supplies, line 6e.

**In the Justification**: Equipment to be purchased with federal funds must be justified as necessary for the conduct of the project. The equipment must be used for project-related functions. Further, the purchase of specific items of equipment should not be included in the submitted budget if those items of equipment, or a reasonable facsimile, are otherwise available to the applicant or its sub-grantees.

Line 6e: **Supplies**: Enter the total costs of all tangible expendable personal property (supplies) other than those included on line 6d.

In the Justification: For any grant award that has supply costs in excess of 5% of total direct costs (Federal or Non-Federal), you must provide a detailed break down of the supply items (e.g., 6% of 100,000 = 6,000 - 100,000 = 6,000 - 100,000 = 6,000 - 100,000 = 6,000 = 6,000 - 100,000 = 6,000 = 6,000 - 100,000 - 100,000 = 6,000 - 100,000 - 10

Line 6f: Contractual: Regardless of the dollar value of any contract, you must follow your established policies and procedures for procurements and meet the minimum standards established in the Code of Federal Regulations (CFR's) mentioned below. Enter the total costs of all contracts, including (1) procurement contracts (except those which belong on other lines such as equipment, supplies, etc.). Note: The 33% provision has been removed and line item budget detail is not required as long as you meet the established procurement standards. Also include any awards to organizations for the provision of technical assistance. Do not include payments to individuals on this line. Please be advised: A subrecipient is involved in financial assistance activities by receiving a sub-award and a subcontractor is involved in procurement activities by receiving a subcontract. Through the recipient, a subrecipient performs work to accomplish the public purpose authorized by law. Generally speaking, a sub-contractor does not seek to accomplish a public benefit and does not perform substantive work on the project. It is merely a vendor providing goods or services to directly benefit the recipient, for example procuring landscaping or janitorial services. In either case, you are encouraged to clearly describe the type of work that will be accomplished and type of relationship with the lower tiered entity whether it be labeled as a subaward or subcontract.

In the Justification: Provide the following three items – 1) Attach a list of contractors indicating the name of the organization; 2) the purpose of the contract; and 3) the estimated dollar amount. If the name of the contractor and estimated costs are not available or have not been negotiated, indicate when this information will be available. The Federal government reserves the right to request the final executed contracts at any time. If an individual contractual item is over the small purchase threshold, currently set at \$100K in the CFR, you must certify that your procurement standards are in accordance with the policies and procedures as stated in 45 CFR 74.44 for non-profits and 92.36 for states, in lieu

- of providing separate detailed budgets. This certification should be referenced in the justification and attached to the budget narrative.
- Line 6g: **Construction**: Leave blank since construction is not an allowable costs for this program.
- Line 6h: **Other**: Enter the total of all other costs. Such costs, where applicable, may include, but are not limited to: insurance, medical and dental costs (i.e. for project volunteers this is different from personnel fringe benefits),non-contractual fees and travel paid directly to *individual* consultants, postage, space and equipment rentals/lease, printing and publication, computer use, training and staff development costs (i.e. registration fees). If a cost does not clearly fit under another category, and it qualifies as an allowable cost, then rest assured this is where it belongs.

**In the Justification**: Provide a reasonable explanation for items in this category. For example, individual consultants explain the nature of services provided and the relation to activities in the work plan or indicate where it is described in the work plan. Describe the types of activities for staff development costs.

- Line 6i: **Total Direct Charges**: Show the totals of Lines 6a through 6h.
- Line 6j: Indirect Charges: Enter the total amount of indirect charges (costs), if any. If no indirect costs are requested, enter "none." Indirect charges may be requested if: (1) the applicant has a current indirect cost rate agreement approved by the Department of Health and Human Services or another federal agency; or (2) the applicant is a state or local government agency. State governments should enter the amount of indirect costs determined in accordance with DHHS requirements. An applicant that will charge indirect costs to the grant must enclose a copy of the current rate agreement. Indirect Costs can only be claimed on Federal funds, more specifically, they are to only be claimed on the Federal share of your direct costs. Any unused portion of the grantee's eligible Indirect Cost amount that are not claimed on the Federal share of direct charges can be claimed as un-reimbursed indirect charges, and that portion can be used towards meeting the recipient match.
- Line 6k: **Total**: Enter the total amounts of Lines 6i and 6j.
- Line 7: **Program Income**: As appropriate, include the estimated amount of income, if any, you expect to be generated from this project that you wish to designate as match (equal to the amount shown for Item 15(f) on Form 424). **Note:** Any program income indicated at the bottom of Section B and for item 15(f) on the face sheet of Form 424 will be included as part of non-Federal match and will be subject to the rules for documenting completion of this pledge. If program income is expected, but is not needed to achieve matching funds, **do not** include that portion here or on Item 15(f) of the Form 424 face sheet. Any anticipated program income that will not be applied as grantee match should be described in the Level of Effort section of the Program Narrative.

This form contains assurances required of applicants under the discretionary funds programs administered by the Administration on Aging. Please note that a duly authorized representative of the applicant organization must certify that the organization is in compliance with these assurances.

#### d. Certification Regarding Lobbying

This form contains certifications that are required of the applicant organization regarding lobbying. Please note that a duly authorized representative of the applicant organization must attest to the applicant's compliance with these certifications.

#### **Proof of Non-Profit Status**

Non-profit applicants must submit proof of non-profit status. Any of the following constitutes acceptable proof of such status:

- A copy of a currently valid IRS tax exemption certificate.
- A statement from a State taxing body, State attorney general, or other appropriate State official certifying that the applicant organization has a non-profit status and that none of the net earnings accrue to any private shareholders or individuals.
- A certified copy of the organization's certificate of incorporation or similar document that clearly establishes non-profit status.

#### **Indirect Cost Agreement**

Applicants that have included indirect costs in their budgets must include a copy of the current indirect cost rate agreement approved by the Department of Health and Human Services or another Federal agency. This is optional for applicants that have not included indirect costs in their budgets.

## **Attachment B: Standard Form 424A – Sample Format**

	proval No. 0348-0044		Constructi	on Prog	rams		
SECTION A-BI	UDGET SUMMARY						
Grant Program Function	Catalog of Federal Domestic	Estimate Funds	d Unobligated	1	udget		
or Activity (a)	Assistance Number (b)	Federal (c)	Non-Federal (d)	Federal (e)	Non-Federal (f)	<b>Total</b> (g)	
1. LifeSpan Respite	93.048	31		300,000	100,000	400,000	
2.							
3.							
4.							
5. TOTALS				300,000	100,000	400,000	
SECTION B-BUI	DGET CATEGORIES						
6. Object Class (	Categories	GR	ANT PROGRAM, F	UNCTION OR A			
		(1) Year 1	(2) Year 2	(3) Year 3	(4)	Total (5)	
a. Personnel		25,000	30,000	35,000		90,000	
b. Fringe Bene	fits	10,000	15,000	20,000		45,000	
c. <b>Travel</b>		5,000	5,000	5,000		15,000	
d. Equipment		5,000	0	0		5,000	
e. Supplies		5,000	2,500	1,000		8,500	
f. Contractual		15,000	0	0		15,000	
g. Construction	n	0	0	0			
h. Other		43,333	55,833	47,334		146,500	
i. Total Direct C	Charges (sum 6a-h)	75,000	75,000	75,000		225,000	
j. Indirect Char	ges @	25,000	25,000	25,000		75,000	
k. <b>TOTALS</b> (sur	m 6i and j)	133,333	133,333	133,334		400,000	
			_				
7. Program Income		None					

SE	CTION C-NON-	FEDERAL R	ESOURCES		
(a) Grant Program		(b) Applicant	(c) State	(d) Other sources	(e) TOTALS
8. Life Span Respite		60,000	30,000	10,000	100,000
9.					
10.					
11.					
12. <b>TOTALS</b> (sum of lines 8 and 1	1)	60,000	30,000	10,000	100,000
SE	CTION D-FORE	CASTED CA	ASH NEEDS		_
13. Federal	Total for 1st Year	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter
	15,000	50,000	20,000	15,000	
14. Non-Federal	6,000	10,000	9,000	8,333	
15. <b>TOTAL</b> (sum of lines 13 and 14)					
SECTION E-BUDGET ESTI		ERAL FUND	S NEEDED	FOR BALANC	E OF THE
(a) Grant Program			g Periods (Years)		
		(b) First	(c) Second	(d)	(e)
16. Life Span Respite		100,000	100,000		
17.					
18.					
19.					
20. TOTALS (sum of lines 16-19)					
SEC	TION F-OTHER (Attach addition	BUDGET IN		N	
21. Direct Charges:			22. Indirect	Charges:	
23. Remarks					

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Standard Form 424A (7-97)

## **Attachment C: Budget Narrative/Justification – Sample Format**

NOTE: Applicants requesting funding for a multi-year grant program are REQUIRED to provide a detailed Budget Narrative/Justification for EACH potential year of grant funding requested.

Object Class Category	Federal Funds	Non-Federal Cash	Non-Federal In-Kind	TOTAL	Justification	
Personnel	\$47,700	\$23,554	\$0	\$71,254	Federal Project Director (name) = .5 FTE @ \$95,401/yr = Non-Fed Cash	\$47,700
					Officer Manager (name) = .5FTE @ \$47,108/yr =	\$23,554
					Total	\$71,254
Fringe Benefits	\$17,482	\$8,632	\$0	\$26,114	Federal Fringe on Project Director at 36.65% = \$17,482 FICA (7.65%) Health (25%) Dental (2%) Life (1%) Unemployment (1%) Non-Fed Cash Fringe on Office Manager at 36.65% = \$8,632 FICA (7.65%) Health (25%) Dental (2%) Life (1%) Unemployment (1%)	

Object Class Category	Federal Funds	Non-Federal Cash	Non-Federal In-Kind	TOTAL	Justification	
Travel	\$4,707	\$2,940	\$0	\$7,647	Federal	
					Local travel: 6 TA site visits for 1 person	
					Mileage: 6RT @ .585 x 700 miles	\$2,457
					Lodging: 15 days @ \$110/day	\$1,650
					Per Diem: 15 days @ \$40/day	<u>\$600</u>
					Total	\$4,707
					Non-Fed Cash	
					Travel to National Conference in (Destination) for 3 people	
					Airfare 1 RT x 3 staff @ \$500	\$1,500
					Lodging: 3 days x 3 staff @ \$120/day	\$1,080
					Per Diem: 3 days x 3 staff @ \$40/day	\$360
					Total	\$2,940
Equipment	\$10,000	\$0	\$0	\$10,000	No Equipment requested OR:	
					Call Center Equipment	
					Installation =	\$5,000
					Phones =	\$5,000
					Total	\$10,000
Supplies	\$3,700	\$5,784	\$0	\$9,484	Federal	
					2 desks @ \$1,500	\$3,000
					2 chairs @ \$300	\$600
					2 cabinets @ \$200	\$400
					Non-Fed Cash	
					2 Laptop computers	\$3,000
					Printer cartridges @ \$50/month	\$300
					Consumable supplies (pens, paper, clips etc)	
					@ \$182/month	<u>\$2,184</u>
					Total	\$9,484

Object Class Category	Federal Funds	Non-Federal Cash	Non-Federal In-Kind	TOTAL	Justification	
Contractual	\$30,171	\$0	\$0	\$30,171	(organization name, purpose of contract and estimated do Contract with AAA to provide respite services:  11 care givers @ \$1,682 = Volunteer Coordinator = Total  If contract details are unknown due to contract yet to be same information listed above and: A detailed evaluation plan and budget will be submitted be contract is made.	\$18,502 <u>\$11,669</u> \$30,171 made provide
Other	\$5,600	\$0	\$5,880	\$11,480	Federal  2 consultants @ \$100/hr for 24.5 hours each = Printing 10,000 Brochures @ \$.05 = Local conference registration fee (name conference) = Total In-Kind Volunteers  15 volunteers @ \$8/hr for 49 hours =	\$4,900 \$500 <u>\$200</u> \$5,600
Indirect Charges	\$20,934	\$0	\$0	\$20,934	21.5 % of salaries and fringe =  IDC rate is attached.	\$20,934
TOTAL	\$140,294	\$40,910	\$5,880	\$187,084		

## **Attachment D: Budget Narrative/Justification** — **Sample Template**

NOTE: Applicants requesting funding for a multi-year grant program are REQUIRED to provide a detailed Budget Narrative/Justification for EACH potential year of grant funding requested.

Object	Federal	Non-	Non-	TOTAL	Justification
Class	Funds	Federal	Federal		
Category		Cash	In-Kind		
Personnel					
Fringe					
Benefits					
Travel					
Equipment					
Supplies					
Contractual					
Other					
Indirect Charges					
TOTAL					

### **Attachment E: Project Work Plan – Sample Template**

NOTE: Applicants requesting funding for a multi-year grant program are REQUIRED to provide a Project Work Plan for EACH potential year of grant funding requested.

Goal:	
<b>Measurable Outcome(s):</b>	

\* Time Frame (Start/End Dates by Month in Project Cycle)

	11	* 12
_		

## **Attachment E: Project Work Plan, Page 2 – Sample Template**

Goal:

**Measurable Outcome(s):** 

\* Time Frame (Start/End Dates by Month in Project Cycle)

Key Tasks	Lead Person	1*	2*	3*	4*	5*	6*	7*	8*	9*	10*	11*	12*
													1
													$\vdash$
	Key Tasks	Key Tasks  Lead Person	Key Tasks Lead Person 1°	Key Tasks Lead Person 1° 2°	Key Tasks  Lead Person 1° 2° 3°	Key Tasks  Lead Person  1º 2º 3º 4º	Key Tasks  Lead Person  1º 2º 3º 4º 5º	Key Tasks  Lead Person  1º 2º 3º 4º 5º 6º	Key Tasks  Lead Person  1 2 3 4 5 6 7	Cead Person   1°   2°   3°   4°   5°   6°   7°   8°	Key Tasks Lead Person 1 2 3 3 4 5 5 6 7 8 8 9 5	Lead Person 18 28 38 48 58 68 78 88 98 108	Key Tasks       Lead Person       1° 2° 3° 4° 5° 6° 7° 8° 9° 10° 11°         1° 2° 3° 4° 5° 6° 7° 8° 9° 10° 11°         1° 2° 3° 4° 5° 6° 7° 8° 9° 10° 11°         1° 2° 3° 4° 5° 6° 7° 8° 9° 10° 11°         1° 2° 3° 4° 5° 6° 7° 8° 9° 10° 11°         1° 2° 3° 4° 5° 6° 7° 8° 9° 10° 11°         1° 3° 4° 5° 6° 7° 8° 9° 10° 11°         1° 3° 4° 6° 7° 8° 9° 10° 11°         1° 3° 4° 6° 7° 8° 9° 10° 11°         1° 3° 4° 6° 8° 7° 8° 9° 10° 11°         1° 3° 4° 6° 8° 7° 8° 9° 10° 11°         1° 3° 4° 6° 8° 7° 8° 9° 10° 11°         1° 4° 6° 8° 7° 8° 9° 10° 11°         1° 4° 6° 8° 7° 8° 8° 10° 11°         1° 4° 8° 8° 8° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 9° 10° 11°         1° 8° 10° 11°         1° 8° 10° 11°         1° 8° 10° 11°         1° 10° 11°         1° 10° 11° </td

### **Attachment E: Project Work Plan, Page 3 – Sample Template**

Goal:

**Measurable Outcome(s):** 

\* Time Frame (Start/End Dates by Month in Project Cycle)

Major Objectives	Key Tasks	<b>Lead Person</b>	1*	2*	3*	4*	5*	6*	7*	8*	9*	10*	11*	12*
5.														
6.														

NOTE: Please do note infer from this sample format that your work plan must have 6 major objectives. If you need more pages, simply repeat this format on additional pages.

# **Attachment F: Instructions for Completing the Project Summary/Abstract**

- All applications for grant funding must include a Summary/Abstract that concisely describes the proposed project. It should be written for the general public.
- To ensure uniformity, limit the length to 265 words or less, on a single page with a font size of not less than 11, doubled-spaced.
- The abstract must include the project's goal(s), objectives, overall approach (including target population and significant partnerships), anticipated outcomes, products, and duration. The following are very simple descriptions of these terms, and a sample Compendium abstract.

**Goal(s)** – broad, overall purpose, usually in a mission statement, i.e. what you want to do, where you want to be.

**Objective(s)** – narrow, more specific, identifiable or measurable steps toward a goal. Part of the planning process or sequence (the "how") to attain the goal(s).

**Outcomes** - measurable results of a project. Positive benefits or negative changes, or measurable characteristics that occur as a result of an organization's or program's activities. (Outcomes are the end-point)

**Products** – materials, deliverables.

• A model abstract/summary is provided below:

The Delaware Division of Services for Aging and Adults with Physical Disabilities (DSAAPD), in **partnership** with the Delaware Lifespan Respite Care Network (DLRCN) and key stakeholders will, in the course of this two-year project, expand and maintain a statewide coordinated lifespan respite system that builds on the infrastructure currently in place. The goal of this project is to improve the delivery and quality of respite services available to families across age and disability spectrums by expanding and coordinating existing respite systems in Delaware. The objectives are: 1) to improve lifespan respite infrastructure; 2) to improve the provision of information and awareness about respite service; 3) to streamline access to respite services through the Delaware ADRC; 4) to increase availability of respite services. Anticipated **outcomes** include: 1) families and caregivers of all ages and disabilities will have greater options for choosing a respite provider; 2) providers will demonstrate increased ability to provide specialized respite care; 3) families will have streamlined access to information and satisfaction with respite services; 4) respite care will be provided using a variety of existing funding sources and 5) a sustainability plan will be developed to support the project in the future. The expected **products** are marketing and outreach materials, caregiver training, respite worker training, a Respite Online searchable database, two new Caregiver Resource Centers (CRC), an annual Respite Summit, a respite voucher program and 24/7 telephone information and referral services.